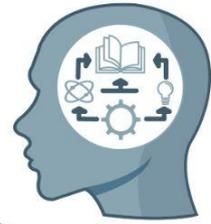


Performance Virtues



Intellectual Virtues



Moral Virtues



Civic Virtues

Name: _____

Tutor Group: _____

Glossary and Examples

Virtue Type	Springwest Virtues	Definitions	Examples
Performance Virtues (Character traits which help us to be virtuous)	Collaboration	Working well with others to produce good results.	<ul style="list-style-type: none"> - Paired work in a lesson which led to an excellent piece of work - Working with family members to get chores done - Playing well with others in a sports team
	Bravery	Trying something even when it is difficult for you.	<ul style="list-style-type: none"> - Showing your work to the class when you are not feeling confident - Trying a new co-curricular club - Completing extra revision for a subject you find difficult
	Creativity	The use of imagination or original ideas to create something.	<ul style="list-style-type: none"> - Presenting your homework in an original way - Thinking of a good solution to a problem at school or at home - Creating a really good piece of art, drama, dance, music, engineering or food
Intellectual Virtues (Character traits which help in the pursuit of knowledge, truth and understanding)	Ambition	Having a strong desire to do or achieve something.	<ul style="list-style-type: none"> - Completing extra homework at home - Attending sessions/ clubs which improve your breadth or depth of knowledge e.g. intervention, Poetry Club, Ancient Myths and Legends - Practising something in your own time e.g. an instrument, sport or chess
	Autonomy	Being independent or self-motivated.	<ul style="list-style-type: none"> - Having a go at every Do Now on your own, even when you find it hard - Taking on an important role because you are motivated to for self-improvement e.g. student leader - Attending co-curricular clubs because you want to, not because your friends are going
	Curiosity	Having a strong desire to learn new things.	<ul style="list-style-type: none"> - Completing extra research on a school topic at home because you are interested in it - Regularly choosing new genres of reading books from the library - Attending a co-curricular club because you want to learn more about it

<p>Moral Virtues</p> <p>(Character traits which enable us to be a good person)</p>	<p>Forgiveness</p>	<p>Pardoning someone for something they have done wrong.</p>	<ul style="list-style-type: none"> - <i>Forgiving a friend or classmate who has upset you</i> - <i>Forgiving a family member who has done something to upset you</i> - <i>Taking time to talk to someone who you have fallen out with and trying to solve the issue</i>
	<p>Empathy</p>	<p>The ability to understand the feelings of others.</p>	<ul style="list-style-type: none"> - <i>Recognising when someone is upset and trying to make them feel better</i> - <i>Trying to understand a difficult event that you have seen in the news</i> - <i>Listening well in a lesson so that you can gain a better understanding of others</i>
	<p>Gratitude</p>	<p>Being grateful, thankful or appreciative.</p>	<ul style="list-style-type: none"> - <i>Writing thoughtful messages during gratitude week</i> - <i>Saying thank you to someone who does a lot for you at home or at school</i> - <i>Making and giving a thank you card</i>
<p>Civic Virtues</p> <p>(Character traits which enable us to help our community)</p>	<p>Volunteering</p>	<p>Giving up your time to help others.</p>	<ul style="list-style-type: none"> - <i>Helping around school e.g. tidying a classroom, litter picking</i> - <i>Helping someone else with their homework or classwork</i> - <i>Helping at home</i>
	<p>Community Pride</p>	<p>Being proud of the place you live in and having a desire to help your local community.</p>	<ul style="list-style-type: none"> - <i>Litter picking around Feltham</i> - <i>Taking part in a club which promotes equality and diversity e.g. AAC, Girls Voice, Active Citizens</i> - <i>Taking part in a local youth organisation e.g. Hounslow Youth Council</i>
	<p>Charity</p>	<p>The voluntary giving of help to people who need it most.</p>	<ul style="list-style-type: none"> - <i>Putting lots of effort into your First Give presentation (Year 9)</i> - <i>Supporting mufti day</i> - <i>Giving time or money to support a charity</i>

Reflection 1

Date: _____

What have you done in the past term that has developed your virtues?
Complete the table below.

Activity	Virtue Group	Springwest Virtues	How did it develop your character?
<i>E.g. School musical</i>	<i>Performance Virtues</i>	<i>Bravery Creativity</i>	<i>I was really nervous about performing in front of lots of people as I can struggle with confidence. However, I was really keen to learn new skills and would like to work in theatre when I leave school. I had to be creative in the way that I performed and I helped to make the scenery.</i>

Springwest Opportunities

Have you...

Colour or highlight the squares.

Been to a co-curricular club	Spoken in an assembly or presented in front of your class	Tried something new on Character Day	Completed extra revision/ homework/ research at home
Helped someone at home or at school	Read at least three books and visited our library	Taken an active part in Monday PSHE lessons	Showed our school ethos every period, every day -Be polite -Be kind -Be ready to learn
Been happy to work with anyone, even peers who are not your best friends, in lessons	Given up your spare time to do something to help our school/ local community	Written a thoughtful gratitude slip	Been good at listening to others in lessons

Goal setting

The virtue group that I have been working on the most is _____.

This has helped me because _____

Next term, I'd like to work on my _____ virtues.

Three things I can do to improve these virtues are:

- _____

- _____

- _____

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Reflection Questions

1. Which Virtue group have you demonstrated the most?
2. Which Virtue group do you need to work on the most next year?
3. What have you done on Character Days this year?
4. Which co-curricular clubs have you participated in this year?
5. Have you been on any trips this year?
6. How has your attitude towards learning been in lessons?
7. How has your behaviour been in lessons?
8. What has been your biggest achievement this year?